

Nutrition Facts

1 servings per container

Serving size 1 (347g)

Amount Per Serving

Calories 370

% Daily Value*

Total Fat 10g 13%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 85mg 28%

Sodium 970mg 42%

Total Carbohydrate 66g 24%

Dietary Fiber 5g 18%

Total Sugars 10g

Includes 6g Added Sugars 12%

Protein 11g 22%

Vitamin D 0mcg 0%

Calcium 78mg 6%

Iron 1.08mg 6%

Potassium 282mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.