

Nutrition Facts

1 servings per container

Serving size 1 (347g)

Amount Per Serving

Calories 450

% Daily Value*

Total Fat 16g 21%

Saturated Fat 2.5g 13%

Trans Fat 2g

Cholesterol 40mg 13%

Sodium 580mg 25%

Total Carbohydrate 59g 21%

Dietary Fiber 5g 18%

Total Sugars 9g

Includes 6g Added Sugars 12%

Protein 26g 52%

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 1.08mg 6%

Potassium 705mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.